

***Please contact your prescribing physician before stopping any of the following medications***

Certain medications such as antihistamines may interfere with allergy skin testing, which we may perform. Most cough and cold medications contain antihistamines. One tablet, one capsule or one teaspoon of antihistamine may neutralize the skin tests so that they cannot be read properly.

If you need temporary relief of allergy symptoms prior to being tested, Sudafed (not Actifed or Sudafed Plus), Nasalcrom, Phenylephrine, Robitussin DM or Pseudoephedrine can be taken. If you have a fever or are wheezing or pregnant, please let us know because skin testing should not be performed.

**Since it is not possible to list all of the antihistamines, please call our office or your pharmacist if you have a question. Products classified as anti-nausea, anti-depressants, tranquilizers, anti-anxiety and motion sickness medications may also contain antihistamines and should not be taken 48 HOURS BEFORE TESTING. PLEASE AVOID THE FOLLOWING MEDICINES FOR 5 DAYS PRIOR TO YOUR APPOINTMENT:**

AccuHist Products	Chlo-Amine	Elavil	Nolahist
Acrivastine	Chlorafed	Endal HD	Norel
Actidil	Chlordiazepoxide	Extendryl Products	Nortriptyline
Actifed	Chloridine	Famotidine	Novafed
Alacol	Clorfed	Fedahist Products	Novahistamine
Alavert	Chloro-Trimeton	Fedrazil	Nyquil Products
Aleve products(some)	Chlorphedrin	Fexofenadine	Nytol
Alka-Seltzer	Clorpheniramine	Flurazepam	Optimine
Allegra	Cimetidine	Formula 44	Optivar eye drops
Aller-Chlor products	Citra Products	Genaphed	Orlenta
Aller-Relief	Clarinox	Hayfebrol	Palgic
Aller-x	Claritin	Hismanal	Pamelor
Allerest products	Clemastine	Hispril	Pannaz
Allerfrim	Clomipramine	Histabid	PBZ Products
Allernix	Codeprex	Histafed	Periactin
Allrest	Codimal Products	Histalet	Pepcid
Ambenyl	Cohmist Products	Histaspan Products	Phenergan Products
Amitriptyline	Comtrex	Historal Products	Polaramine Products
Anamine Products	Cophene	Histex Products	Poly-Hist Products
Anaplex	Co-Pyronil	Histussin	Poly-Histine
Antivert	Corcidin Products	Hycomine	Polytussin
Aprodine	Curaler	Hydroxyzine	Promethazine
A.R.M.	Cyproheptadine	Imipramine	Pyrilamine
Astelin Nasal Spray	D-Allergy products	Isophen	QDall
Astemizole	DA Chewable	Klerist	Quelidnne
Atarax	Dalmane	Kronofed	Ranitidine
Atrohist	Dayquil	Librax	Remeron
Atuss Products	Deconamine	Limbitrol	Respa Products
Axid	Deconomed	Lodrane	Respi-Tann Products
Azatadine	Demazin	Loratadine	Restaril
Azelastine	Desipramine	Maxiphen Products	Rhinex
Benadryl	Desloratadine	Maxi-Tuss Products	Rhinosyn Products
Biohist LA	Dexchlorpheniramine	Meclizine	Rinade
Bonine	Dimetane Products	Mesclor	Rondec Products
Brexin Products	Dimetapp Products	Mirtazapine	Ru-Tuss Products
Brocon	Diphenhydramine	Multi-symptom	Ryna liquid
Bromfed Products	Disophrol	ND Clear	Rynatan
Bromfenex Products	Doxepin	Naldecon	Rynatuss
Bromphen Products	Dramamine	Nalex-A	S-T Forts
Brompheniramine	Dristan Products	Napril	Seldane
Brovex	Drixoral Products	Neotep	Semprex
Carbinoxamine	Dura-Tap	Nizatidine	Sinarest
Cetirizine	Duralex	Nolamine	Sinequan

Sinovan	Tavist Products	Tussi-12	Zyrtec
Sinulin	Teledrin	Tussionex Products	
Sudafed-Plus	Temazepam	Tylenol Products	
Sudafed Sinus/Allergy	Theophorin	Vaso-Bid	
Sudal-12	Time-Hist	Vicks Products	
Suphedrine	Tofranil	Viravan	
T-dry	Triacin	Vistaril	
Tacaryl Products	Triaminic Products	Xirahist	
Tagamet	Trinalin	Xyzal	
Tanafed	Triprolidine	Zantac	
	Triten		

If you are on a beta blocker drug, ask your prescribing physician if the drug can be omitted the day before and the day of testing. These drugs are usually taken for high blood pressure, migraine headaches, or heart problems. **NO BETA THE DAY BEFORE AND THE DAY OF THE TESTING.** The following are beta blockers:

Acebutol	Coreg	Lopressor	Tenoretic
Atenolol	Corgard	Metipranolol	Tenormin
Betagan	Corzide	Metoprolol	Terazosin HCL
Betapace	Esmolol	Nadolol	Timolide
Betaxolol	Hytrin	Normodyne	Timolol
Betaxon	Inderal	Ocupress	Timoptic
Betimol	Inderide	Optipranolol	Tomoptic
Betoptic	Innopran	Oxprenolol	Trandate
Bisoprolol	Istalol	Penbutolol	Visken
Blocadren	Kerlone	Pindolol	Zebeta
Brevibloc	Labetalol	Propranolol HCL	Ziac
Carteolol	Levatol	Sectral	
Cartrol	Levobetaxolol	Slow-Trasicor	
Carvedilol	Levobunolol	Sotalol	

**YOU SHOULD CONTINUE THE FOLLOWING MEDICATIONS:**

<b>Accolate</b>	<b>Elestat</b>	<b>Orapred</b>	<b>Spiriva</b>
<b>Advair</b>	<b>Flonase</b>	<b>Oxymetazoline</b>	<b>Symbicort</b>
<b>Aerobid</b>	<b>Flovent</b>	<b>Phenylephrine</b>	<b>Theo-24</b>
<b>Afrin</b>	<b>Foradil</b>	<b>Prednisone</b>	<b>Theophylline</b>
<b>Albuterol</b>	<b>Guafinesin</b>	<b>Prednisolone</b>	<b>Tilade</b>
<b>Alupent</b>	<b>Intal</b>	<b>Prehone</b>	<b>Uniphyl</b>
<b>Alvesco</b>	<b>Maxair</b>	<b>Proventil</b>	<b>Ventolin</b>
<b>Asmanex</b>	<b>Medrol</b>	<b>Pseudoephedrine</b>	<b>Xolair</b>
<b>Atrovent</b>	<b>Mucinex</b>	<b>Pulmicort</b>	<b>Xopenex</b>
<b>Azmacort</b>	<b>Nasacort</b>	<b>QVAR</b>	<b>Veramyst</b>
<b>Beconase</b>	<b>Nasalcrom</b>	<b>Rhinocort</b>	<b>Volmax</b>
<b>Brethaire</b>	<b>Nasalide</b>	<b>Serevent</b>	<b>VoSpire</b>
<b>Combivent</b>	<b>Nasarel</b>	<b>Singulair</b>	<b>Zyflo</b>
<b>Duoneb</b>	<b>Nasonex</b>	<b>Solumedrol</b>	

***Please contact your prescribing physician before stopping any of the previous medications. If you are not sure whether you should stop a medicine and it is not on the previous lists, please contact our office to see if the medicine should be continued or discontinued prior to allergy skin testing.***